

**APPETIZERS & SOUP**

- CHICKEN DUMPLINGS

(8) \$6.99

(2) 8p. 115-300 cal • (1) 4p. 115-300 cal

(4) \$3.99

Dumplings stuffed with chicken, cabbage, shallots, ginger, and green onions.
- CREAM CHEESE WONTONS

(6) \$6.69

(2) 6p. 250 cal • (1) 3p. 250 cal

(3) \$3.59

Cream cheese blended with green onions and diced water chestnuts in a crisp wonton. Hand made.
- VEGETABLE SPRING ROLLS

(4) \$7.49

(2) 4p. 220 cal • (1) 2p. 220 cal

(2) \$3.99

Crispy wrap filled with cabbage, green onions, noodles, mushrooms, and carrots.
- CHICKEN EGG ROLLS

(2) \$5.49

(2) 2p. 180 cal • (1) 1p. 180 cal

(1) \$2.99

Delicious crispy egg rolls filled with chicken, carrots, cabbage, mushrooms, and celery.
- GF

EDAMAME

(2) 150 cal • Soybeans steamed until tender and perfect.

\$5.49

SIGNATURE CHICKEN LETTUCE WRAPS

\$9.69

(2) 270 cal • House-ground chicken with shiitake mushrooms, scallions, water chestnuts, and garlic. Wok-tossed in a savory soy sauce and served with lettuce cups.

WONTON SOUP

(Large) \$8.49

(2) Large 130 cal • (1) Medium 130 cal

(Medium) \$4.89

Wontons, shrimp, chicken breast, carrots, broccoli, and mushrooms.

**FRIED RICE & CHOW MEIN**

- FRIED RICE • (2) 320-490 cal

\$8.49

Perfectly seasoned fried rice with egg, bean sprouts, carrots, onions, and peas.
- CHOW MEIN • (2) 360-570 cal

\$8.49

Tender noodles with onions, cabbage, celery, carrots, and bean sprouts in a sweet black sauce.
- Add Chicken, Steak, or Shrimp for \$2.99.

**NOODLES**

- NEW

BANG BANG NOODLES with Chicken

Wok-tossed noodles and sliced marinated chicken breast in a rich and creamy sesame sauce with a nutty, spicy kick. Topped with sesame seeds and green onions.

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DRUNKEN NOODLES with Chicken • (2) 430-790 cal

Spicy - Stir fried rice noodles, red bell peppers, sliced marinated chicken breast, white and green onions, fresh basil, garlic, and chili wok'd in a savory sweet and spicy sauce.

GF

PAD THAI with Chicken • (2) 640-980 cal

Rice noodles in our tangy Pad Thai sauce with green and white onions, carrots, cilantro, egg, peanuts, and bean sprouts.
- SALADS**
- NEW

ASIAN CHOPPED CHICKEN SALAD • (2) 390 cal

All natural grilled chicken breast, fresh mixed greens, jicama, carrots, cilantro, and crispy tortilla strips tossed in a citrus vinaigrette dressing.

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SIGNATURE CHINESE CHICKEN SALAD • (2) 390 cal

All natural grilled chicken breast, fresh mixed greens, carrots, mandarin oranges, cilantro, sesame seeds, and crispy wonton strips with our Signature Honey Ginger dressing.

Substitute Tofu at no added charge or Salmon for \$1.00.

**CHICKEN ENTREES**

**CLASSIC FAVORITES**

NEW

FIRECRACKER • (2) 590 cal • Starts sweet, finishes with a spicy kick, garnished with green onions.

NEW

HOT HONEY • (2) 510 cal • Crispy chicken tossed with spicy habanero and chili in our signature honey garlic sauce, garnished with green onions.

ORANGE • (2) 570 cal • A sweet & tangy citrus delight.

CRISPY HONEY • (2) 680 cal • Crispy chicken breast in a sweet honey sauce, garnished with green onions.

HOUSE SPECIAL • (2) 580 cal • A caramelized sauce of white wine, garlic and soy with green onions.

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KUNG PAO • (2) 440 cal • A blazing sauce with seared chilies, peanuts, water chestnuts, zucchini, and dry chili peppers.

**GRILLED**

GF

GRILLED BOURBON • (2) 300 cal • Tender grilled chicken tossed in our sweet and savory bourbon sauce.

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GRILLED TERIYAKI CHICKEN & VEGETABLES • (2) 250 cal

Grilled chicken, broccoli and carrots in a sweet soy teriyaki sauce.

**STEAMED (All natural marinated chicken breast)**

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GF

THAI COCONUT CURRY • (2) 290 cal • Marinated chicken breast with fresh red bell peppers, carrots, white onions, and broccoli in our creamy Thai coconut curry sauce.

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THAI BASIL CASHEW • (2) 290 cal • Marinated chicken breast wok-tossed with red bell peppers, onions, basil leaves, red chili peppers, and cashews in our savory sweet and mildly spicy cashew sauce.

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GF

GARLIC • (2) 230 cal • Marinated chicken breast with freshly wok'd garlic, broccoli, carrots, zucchini, water chestnuts, and snap peas in a sweet black sauce.

GF

CHICKEN & VEGETABLES • (2) 180 cal • Marinated chicken breast with broccoli, carrots, zucchini, water chestnuts, and snap peas in a white wine sauce.

**STEAK ENTREES**

GF

MONGOLIAN • (2) 380 cal • Wok-seared steak with garlic, scallions and mushrooms tossed in a rich and sweet soy sauce.

GF

BEEF & BROCCOLI • (2) 400 cal • Wok-seared steak, garlic, ginger, scallions, and broccoli tossed in a rich and sweet soy sauce.

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KUNG PAO • (2) 490 cal • Wok-seared steak in a blazing sauce with seared chilies, peanuts, water chestnuts, zucchini, and dry chili peppers.

**WILD CAUGHT ALASKAN SALMON**

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GRILLED TERIYAKI SALMON • (2) 130 cal • Grilled wild caught Alaskan salmon glazed in teriyaki sauce. Served with wok-tossed fresh red bell peppers, carrots, broccoli, and onions.

Additional nutrition information is available upon request. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Recommended limits for a 2,000 calorie daily diet are 20 grams of saturated fat and 2,300 milligrams of sodium. Prices subject to change.

**SHRIMP ENTREES**

NEW

CRISPY SHRIMP • (2) 320-340 cal • Crispy shrimp tossed with your choice of Honey or Firecracker sauce. Served with fresh wok-tossed broccoli, carrots, red bell peppers, and onion.

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GF

KUNG PAO • (2) 400 cal • A blazing sauce with seared chilies, peanuts, water chestnuts, zucchini, and dry chili peppers.

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GF

GARLIC • (2) 390 cal • Freshly wok'd garlic, broccoli, carrots, zucchini, water chestnuts, and snap peas in a sweet black sauce.

GF

SHRIMP & VEGETABLES • (2) 340 cal • Succulent shrimp with broccoli, carrots, zucchini, water chestnuts, and snap peas in a white wine sauce.

**TOFU ENTREES**

NEW

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FIRECRACKER • (2) 520 cal • Starts sweet, finishes with a spicy kick, garnished with green onions.

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GF

THAI COCONUT CURRY • (2) 360 cal • Fresh red bell peppers, carrots, white onions, and broccoli in our creamy Thai coconut curry sauce. Contains fish sauce.

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KUNG PAO • (2) 340 cal • A blazing sauce with seared chilies, peanuts, water chestnuts, zucchini, and dry chili peppers. Contains chicken stock.

HOUSE • (2) 570 cal • A caramelized sauce of white wine, garlic, and soy with green onions.

All entrees served with your choice of Steamed White Rice (2) (180 cal) or Brown Rice (2) (160 cal). Substitute Fried Rice (2) (470 cal) or Asian Noodles (2) (435 cal) for \$2.49.

**Family Value Packs**

FAMILY VALUE PACK FOR 3 • (3) 850-1170 cal

\$36.99

2 Chicken Entrees, 4 Cream Cheese Wontons, 4 Crispy Dumplings, Choice of Fried Rice or Chow Mein, White or Brown Rice, and 4 Chocolate Dipped Fortune Cookies.

FAMILY VALUE PACK FOR 4-5 • (5) 850-1170 cal

\$47.99

3 Chicken Entrees, 4 Cream Cheese Wontons, 4 Crispy Dumplings, Choice of Fried Rice or Chow Mein, 2 White or Brown Rice, and 8 Chocolate Dipped Fortune Cookies.

FAMILY VALUE PACK FOR 6-7 • (7) 850-1170 cal

\$59.99

4 Chicken Entrees, 8 Cream Cheese Wontons, 8 Crispy Dumplings, Choice of Fried Rice or Chow Mein, 3 White or Brown Rice, and 8 Chocolate Dipped Fortune Cookies.

Upgrade Chicken to Steak or Shrimp for \$1.00 per Entree, Steamed White or Brown Rice to Fried Rice or Asian Noodles for \$2.49 per Side, 4 Cream Cheese Wontons or Crispy Dumplings to 2 Chicken Egg Rolls for \$2.50.

辣 SPICY

GF GLUTEN FREE

AsiaFit

FULL FLAVOR UNDER 400 CALORIES PER SERVING

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